



AGING IN PLACE
LIVINGSTON COUNTY

2023
SENIOR CITIZEN
RESOURCE GUIDE

Special Thanks To:

Robert Browning Foundation

Lambert Foundation

Livingston County Community Foundation

Livingston County Senior Tax Fund

Livingston County Health Center

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ABUSE

CHILD ABUSE

Child Abuse & Neglect Hotline
(800) 392-3738

ELDER ABUSE

**Adult Abuse, Neglect and
Exploitation Hotline**
(800) 392-0210
TDD: (800) 735-2466
Daily 7 a.m.-12 a.m.

**Livingston County
Victim Advocate**
(660) 646-8000, Option 5

DOMESTIC VIOLENCE

Green Hills Women's Shelter
(800) 392-0210

**National Domestic
Violence Hotline**
(800) 799-7233
Text START to 88788

National Sexual Assault Hotline
(800) 656-HOPE (4673)

ADULT BLOOD DRAWS

Livingston County Health Center
800 Adam Drive, Chillicothe
(660) 646-5506
*Must Have Appointment
Last Wednesday of Odd Months
7 a.m.-10 a.m.*

ADULT DAY CENTER

Bella-Brooke Adult Day Center
1115 2nd Street, Chillicothe
(660) 646-1595

**Livingston County
Development Center**
920 Clinefelter Lane, Chillicothe
(660) 646-4377

**North Central Missouri
Mental Health**
401 Youssef Drive, Chillicothe
(660) 646-6872
*Psycho Social Rehabilitation
Program (PSR)*

ADVANCED HEALTHCARE DIRECTIVES

Hedrick Medical Center
2799 North Washington St.,
Chillicothe
(660) 214-8273
*Information and completion
assistance at no charge.*

**Saint Luke's
Home Care and Hospice**
893 Fairway Drive, Chillicothe
(660) 646-2199

"Choice In Dying" Hotline
(800) 989-9455

AIR AMBULANCE

**Life Flight Non-Profit
Community Based
Medical Helicopter**
Annual Membership \$59
No Out-of-Pocket
Cost for Transport
(888) 588-4575
www.lifeflighteagle.org

ALZHEIMER'S DISEASE

**Alzheimer's Association
Heart of America Chapter**
(913) 831-3888
Support Groups & Info
24/7 Hotline: **(800) 272-3900**
**Dial 711 to Connect with
a TRS Operator.**

Alzheimer's Association Hotline
(800) 272-3900

Life Care Center of Brookfield
315 Hunt Street
Brookfield, MO 64628
(660) 258-3367
Alzheimer's Special Care Unit

Life Care Center of Carrollton
300 Life Care Lane
Carrollton, MO 64633
(660) 542-0155
Alzheimer's Special Care Unit

Livingston Manor
939 East Birch, Chillicothe
(660) 646-5177
Alzheimer's Special Care Unit

AREA AGENCY ON AGING

**Young At Heart
Resources**
809 North 13th St.
Albany, MO 64402
(660) 240-9400
(888) 844-5626



Cameron Office
1304 N. Walnut, Ste. 150
Cameron, MO 64429
(660) 240-9400

ASSISTED LIVING

Ashbury Heights
603 St. Louis Avenue, Chillicothe
(660) 707-1270
(888) 826-0404

Baptist Home
500 Baptist Home Ln., Chillicothe
(660) 646-6219

Indian Hills
A Stonebridge Community
2601 N. Fair Street, Chillicothe
(660) 646-1230

Morningside Center
1700 Morningside Dr., Chillicothe
(660) 646-0170

ASSISTIVE TECHNOLOGY

Missouri Assistive Technology
Voice: (816) 655-6700
TTY: (816) 655-6711
info@mo-at.org

ATTORNEYS

Tim Bosler
706 Washington St., Chillicothe
(660) 646-4446

Chapman and Cowherd, P.C.
903 Jackson St., Chillicothe
(660) 646-0627

**Cleaveland, Macoubrie
& Cox, L.L.C.**
515 Washington St. #2, Chillicothe
(660) 646-4522

Hershberger Law, L.L.C.
721 Webster St., Chillicothe
(660) 240-9880

Public Defender's Office
500 Youssef Dr., Chillicothe
(660) 646-3343

Puckett & Horsman, L.L.C.
Downtown Chillicothe
(816) 632-5297

BANKS

Bank Midwest
345 S. Washington St., Chillicothe
(660) 646-1234

HOW TO SCAN QR CODES ❖



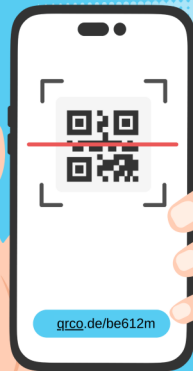
Open The Camera
on Your Cell Phone



Hover Over
the QR Code



Press the Link That
Pops Up on the Screen



BTC Bank

400 W. Bus. Hwy. 36, Chillicothe
(660) 646-1919

Chillicothe State Bank

600 Washington St., Chillicothe
(660) 646-5120

Southern Bank

515 Washington St., Chillicothe
(660) 646-5500

Investors National Bank

522 Washington St., Chillicothe
(660) 646-3733

BLOOD PRESSURE CHECKS

Chillicothe Family Pharmacy

504 S. Washington St., Chillicothe
(660) 240-0828

Courtesy Check by Pharmacists

Livingston County Health Center

800 Adam Drive, Chillicothe
(660) 646-5506

Tuesday Walk-in Clinic

Hometown Pharmacy

601 Locust St., Chillicothe
(660) 646-7455

In-Store Self Monitor Available

Walmart Pharmacy

1000 Graves St., Chillicothe
(660) 646-6550

In-Store Self Monitor Available

CANCER TREATMENT/ SUPPORT

American Cancer Society

(800) 227-2345

TTY: (866) 228-4327

Cancer Hope Network

(800) 552-4366

*Confidential support to people
with cancer and their families.*

Colon Cancer Alliance

(877) 422-2030

TAKE CARE OF YOURSELF.

TAKING CARE OF YOURSELF IS SO IMPORTANT TO AGING WELL. YOUR MENTAL, PHYSICAL, AND EMOTIONAL HEALTH CAN ENSURE YEARS OF HAPPY AGING IN PLACE SURROUNDED BY THE PEOPLE AND THINGS YOU CARE ABOUT.

Delta Lambda Chapter Beta Sigma Phi

*Help With Travel Expenses to
Breast Cancer Treatment
Livingston County Residents*

Marcia (660) 646-8725

Shirley (660) 646-4930

Laurie (660) 247-1173

Gilda's Club Kansas City

21 43rd Street

Kansas City, MO 64111

(816) 531-5444

*Cancer Support Community for
Patient, Family & Friends*

Hedrick Medical Center

2799 North Washington St.,
Chillicothe

(660) 214-8420

Oncology Nurse Navigator

Hope Lodge

1120 Pennsylvania Avenue
Kansas City, MO 64105

(816) 218-7200

*Free Lodging for Cancer Patients
Need Referral from Social Worker*

Kidney Cancer Association

(800) 850-9132

Livestrong Foundation

(855) 220-7777

Free cancer support services.

Livingston County Cancer Assistance Fund

Pick Up Application:

Livingston County Health Center

800 Adam Drive, Chillicothe

(660) 646-5506 or (660) 646-2580

National Cancer Institute's Cancer Information Service

(800) 422-6237

*Information on treatments,
clinical trials, alternative
medicine, coping with side
effects, and more.*

Threads Thrift Store

304 Clay Street, Chillicothe

Monday–Friday 10 a.m. to 2 p.m.

(660) 646-0010

Hope Spot

Prostheses, Bras, Wigs, Scarves

Us-TOO

(844) 244-1309

Prostate Cancer

Support & Education

CAREGIVER SUPPORT

Internet Sources :

www.agingcare.com

www.caregiver.org

www.caregiveraction.org

www.yahresources.org

CELL PHONE SERVICE

AT&T

820 S. Washington St., Chillicothe

(855) 293-7676

Cricket Wireless

619 S. Washington St., Chillicothe

(660) 240-9450

Dollar General

1318 Washington St., Chillicothe
(636) 733-6550

T-Mobile

720 S. Washington St., Chillicothe
(660) 240-3901

Verizon

714 S. Washington St., Chillicothe
(660) 240-0293

Walmart

1000 Graves Street, Chillicothe
(660) 646-6000

REPAIR**Smart Fix**

621 S. Washington St., Chillicothe
(660) 973-5384

**CHIROPRACTIC
TREATMENT****Bonnette Clinic****Dr. Randall Bonnette**

1025 Washington St., Chillicothe
(660) 646-1748

Cole Family Chiropractic**Dr. Kris Cole/Dr. Jon Cole**

897 Fairway Drive, Chillicothe
(660) 646-1377

Dr. Jerome Davis

614 Washington St., Chillicothe
(660) 646-7246

Klinginsmith Chiropractic Office**Dr. Robert Klinginsmith**

708 Washington St., Chillicothe
(660) 646-3341

CITY GOVERNMENT**City of Chillicothe**

715 Washington St., Chillicothe
(660) 646-1877

Auditor

(660) 646-2751

City Administrator

(660) 646-2424

City Prosecutor

(660) 646-5793

City Treasurer

(660) 646-2285

Clerk

(660) 646-1877

Code Enforcement

(660) 646-5636

Mayor's Office

(660) 646-2267

CLOTHING**Calvary Clothing Room (FREE)**

310 Locust Street, Chillicothe

(660) 646-3578

Tuesday & Thursday 1-3 p.m.

House of Prayer Thrift Ministry

209 Henry Street, Chillicothe

(660) 214-0341

Most Weekdays 10 a.m.-4 p.m.

Check Facebook Page

Threads Thrift Store

304 Clay Street, Chillicothe

Monday–Friday 10 a.m. to 2 p.m.

(660) 646-0010

COMMUNITY**ASSISTANCE****American Red Cross of****Northwest Missouri**

401 North 12th St., St. Joseph

(816) 232-8439

Catholic Charities

Kansas City-St. Joseph Office

(816) 232-2885

**Community Action Partnership
North Central Missouri
(CAPNCM)**

1506 Oklahoma Ave.
Trenton, MO 64683
(660) 359-3907
(855) 290-8544

*Must fill out intake form
available at CMU Office &
Livingston County Health Center.*

Services include: rent assistance,
weatherization, food pantry,
emergency heat and cooling
assistance, employment and
training services, Senior Tax
Funds for financial assistance.

Community Resource Center
913 Webster St., Chillicothe
(660) 646-1667

Operation Help

First Christian Church
900 Jackson St., Chillicothe
(660) 646-2602

Salvation Army

621 W. Mohawk Rd., Chillicothe
(660) 646-3538

Services include: emergency
food, shelter, clothing and meals;
family development programs;
counseling; Christmas assistance;
other services as need determined
& resources are available.

COMPUTER REPAIR

Dalmation Data Consultants
210 Vanson Street, Utica
(660) 646-0361

Pinpoint Tech, LLC

421 Locust St., Chillicothe
(816) 629-6149

Scott Neptune Technologies

708 S. Washington St., Chillicothe
(844) 438-8946

Smart Fix

621 S. Washington St., Chillicothe
(660) 973-5384

**CONGREGATE (GROUP)
MEALS**

Annual Christmas Day Dinner

Calvary Baptist Church
Christmas Day 11 a.m.
(660) 646-3578 Calvary Baptist
(660) 247-5383 Sharon
Everyone Welcome

First Baptist Church

1601 Bryan Street, Chillicothe
(660) 646-2834

**Available During School Year
First Meal Free from the Church*

Wednesday Night Meal 5:30 p.m.

RSVP to Church
\$4 Suggested Donation

Grand River Multipurpose Center

607 W. Bus. Hwy. 36, Chillicothe
(660) 646-1555

Monday-Friday
11:00 a.m.-12:30 p.m.

Call Before 10 a.m.

60 & Over Suggested
Donation \$5
Under 60 & Carryout
\$7.50

12 & Under \$2

Sign Up Online at:

grandrivermc.com/menu

House of Prayer Rescue Mission

215 Henry Street, Chillicothe
Call (660) 646-3450 Leave Msg.
Tuesday, Thursday, Sunday
11:30 a.m.-12:00 p.m.

Food Pantry Available at Mealtime



United Methodist Church

1414 Walnut Street, Chillicothe

(660) 646-2580

Wednesday Night Meal 5-6 p.m.

**Available During School Year*

RSVP to Church by 5 p.m. Monday

Adults \$3.50

13 & Under \$2.25

Family \$11

First Meal Free from the Church

CONSERVATION AREAS

Chillicothe Coval Gann Access

Features: Boat Ramps, Parking

Lots, Privies

Bird Watching, Fishing, Trails,

Disabled Accessible

Fountain Grove

Conservation Area

Features: Boat Ramps, Fishing

Docks, Parking Lots, Privies,

Managed Public Waterbodies,

Missouri Department of

Conservation Offices, Trails

Hunting, Bird Watching,

Camping, Tours, Fishing, Shooting

Range, Trails, Biking, Horseback,

Hiking, Disabled Accessible

Missouri Department of

Conservation

15368 LIV 2386, Chillicothe

(660) 646-6122

Poosey Conservation Area

Features: Boat Ramps, Fish

Cleaning Stations, Fishing Docks,

Parking Lots, Picnic Areas, Privies,

Shooting Ranges, Managed Public

Waterbodies, Trails

Hunting, Hiking, Bird Watching,

Camping, Tours, Trapping, Fishing,

Shooting, Disabled Accessible

Punkin Center Access

(660) 646-6122

Features: Public Access to River
4 a.m. to 10 p.m.

Hunting, Bird Watching, Fishing

Swan Lake

National Wildlife Refuge

16194 Swan Lake Avenue

Sumner, MO 64681

(660) 856-3323

Birdwatching, Wildlife Viewing,

Hiking, Auto Tour, Disabled

Accessible

CONSUMER PROTECTION

Annual Credit Report

(877) 322-8228

Attorney General's Office

(573) 751-3321

Better Business Bureau

Greater Kansas City

(816) 421-7800

Consumer Fraud Hotline (MO)

(800) 392-8222

Missouri Do Not Call List

(866) 662-2551

DON'T GO HUNGRY...

**IF IT IS DIFFICULT FOR YOU TO
AFFORD THE REQUESTED DONATION
FOR MEALS AT THE GRAND RIVER
MULTIPURPOSE CENTER, TALK
TO THE STAFF ABOUT WAYS
THEY CAN HELP.**

PREVENT FRAUD

DON'T CARRY YOUR MEDICARE OR SOCIAL SECURITY CARD WITH YOU.

MAKE A COPY OF YOUR MEDICARE CARD AND USE A THICK BLACK MARKER TO CROSS OUT ALL BUT THE LAST FOUR DIGITS OF THE SOCIAL SECURITY NUMBER. KEEP THE ORIGINAL IN A SECURE PLACE.

COUNTY GOVERNMENT

Livingston County Courthouse
(660) 646-8000

OPTIONS

Assessor- Option 2

Zoning Officer- Ext. 102

Circuit Clerk- Option 1, then 3

Collector-Treasurer- Option 7

Presiding Commissioner- Ext. 222

Commissioner-East- Ext. 218

Commissioner-West - Ext. 202

County Clerk- Option 3

Associate Circuit Judge

Presiding Judge 43rd Circuit-
Option 1

Prosecuting Attorney- Option 5

Recorder of Deeds- Ext. 206

Victim Advocate- Option 5

Public Administrator- Option 8

DENTAL

McCoy & Samples Dental Clinic
850 Fairway Drive, Chillicothe
(660) 646-3802

Chillicothe Family Dentistry
901 Adam Drive, Chillicothe
(660) 646-4352

Northwest Health Services
Chillicothe

300 Bus. Hwy. 36, Chillicothe
(660) 280-2501

Sutton Dentistry

718 Cherry Street, Chillicothe
(660) 646-3900

DERMATOLOGY

Cleaver Dermatology
Chillicothe Clinic

861 Fairway Drive, Chillicothe
(660) 627-7546

U.S. Dermatology Partners
Chillicothe Office

Megan Lent, MD, FAAD

850 Fairway Drive, Chillicothe
(660) 240-0025

DIABETES SUPPORT

American Diabetes Association
(800) 342-2383

Chillicothe Family Pharmacy

504 S. Washington St., Chillicothe
(660) 240-0828

Diabetic Educational Classes

DaVita Chillicothe Dialysis

588 E. Business 36, Chillicothe
(800) 424-6589

Hedrick Medical Center

Diabetes Education Clinic

2799 N. Washington St., Chillicothe
(660) 646-5522

Hometown Healthy Living Store

609 Locust Street, Chillicothe
(660) 646-0400

Shoes, Supplies

Hometown Pharmacy

601 Locust Street, Chillicothe
(660) 646-7455

Diabetes Care Club

Livingston County Health Center
800 Adam Drive, Chillicothe
(660) 646-5506
Adult Blood Draws
Blood Sugar Testing

DISABILITIES SUPPORT

MO ABLE Card Info (or STABLE)

ACCOUNT QUESTIONS:

(800) 439-1653

STABLE CARD QUESTIONS:

(866) 717-6631

moable.com

Access II

101 Industrial Parkway

Gallatin, MO 64640

(888) 663-2423

TTY: (660) 663-2663

Ashbury Heights

Residential Care Community

603 St. Louis Ave., Chillicothe

(660) 707-1270

Brain Injury

Association of America

(800) 444-6443

Chillicothe Manor

1301 Monroe Street, Chillicothe

(660) 646-5180

Community Options

801 B Washington St., Chillicothe

(660) 646-0109

DeafLEAD

24/7 Deaf Crisis Line Videophone

321-800-3323

DEAFLine Missouri Crisis Hotline

Voice/VRS/TTY:

(800) 380-3323

Videophone (9 a.m.-5 p.m.):

(573) 303-5604

Text HAND to 839863

Hope Haven Industries, Inc.

Sheltered Workshop

12 Herriman Street, Chillicothe

(660) 646-5172

Kirksville Regional Center

1702 East LaHarpe

Kirksville, MO 63501

(660) 785-2500

Department of Mental

Health Services

Livingston County

Development Center

920 Clinefelter St., Chillicothe

(660) 646-4377

Missouri Developmental

Disabilities Resource Center

(800) 444-0821

Missouri Protection &

Advocacy Services

(573) 659-0678

(800) 392-8667

MO Relay (TDD): (800) 735-2966

New Horizons (SB40)

920 Clinefelter St., Chillicothe

(660) 646-1513

North Central Missouri

Mental Health

401 Youssef Drive, Chillicothe

(660) 646-6872

Psycho Social Rehabilitation

Program (PSR)

Preferred Family Healthcare

1628 Oklahoma Avenue

Trenton, MO 64683

(660) 359-4600

Community Psychiatric

Rehabilitation Center Program

(CPRC)

Senior Disability Call Center

*Medicaid in-home services:
meals, respite, home maker
chore, and personal care
assistance*

(866) 835-3505

Vocational Rehabilitation

603 W. Mohawk Rd., Chillicothe

(660) 646-1542

DRIVING

Grand River Multipurpose Center

607 W. Bus. Hwy. 36, Chillicothe

(660) 646-1555

AARP Safe Driver Program

Driver's License Bureau

730 S. Washington St., Chillicothe

(660) 646-5418

EDUCATION

GED CLASSES

Missouri Job Center

(660) 359-5636 Ext. 21

Grand River Technical School

1200 Fair Street, Chillicothe

(660) 646-3414

North Central Missouri College

1301 Main Street

Trenton, MO 64683

(660) 359-3948

ELDER FRAUD

**Adult Abuse, Neglect and
Exploitation Hotline**

(800) 392-0210

TDD: (800) 735-2466

7 a.m.-12 a.m. Daily

Annual Credit Report

(866) 322-8228

Federal Trade Commission

**Opt-Out of Prescreened
Credit & Insurance Offers**

(888) 5-OPT-OUT

(888) 567-8688

Identity Theft

Missouri Attorney General

(800) 392-8222

Legal Aid of Western Missouri

706 Felix Street

St. Joseph, MO 64501

(816) 364-2325

(800) 892-2101

Livingston County

Victim Advocate

(660) 646-8000, Option 5

Missouri Attorney General

Consumer Protection Hotline

(800) 392-8222

Missouri Attorney General

No-Call List

(866) 662-2551

To report continued calls:

(866) BUZZOFF (866) 289-9633

*Reduce & Report Unwanted
Telemarketing Calls*

EMERGENCY

9-1-1

GIVE LOCATION FIRST

**American Red Cross of
Northwest Missouri**

401 N. 12th St., St. Joseph

(816) 232-8439

Toll Free: (800) RED-CROSS

Knox Box
Chillicothe Fire Department
700 Second Street, Chillicothe
(660) 646-2139

Secure key vault placed on door entrance to allow Fire Department/EMS access in the event of emergency without causing structural damage.

Salvation Army
621 W. Mohawk Rd., Chillicothe
(660) 646-3538

EMERGENCY ALERTS

Code Red
ChillicotheCity.org/
fire-department



EMERGENCY/UTILITIES

Missouri One Call
(800) DIG-RITE (344-7483)
Dial 811

GAS LEAK

Liberty Utilities
(800) 424-0427
Emergency Toll Free:
(800) 406-9220

POWER OUTAGES

CMU
(660) 646-5510

Farmer's Electric
(800) 927-5334

WATER LEAKS

CMU
Water Plant
(660) 646-0562

Public Water Supply District 1
(660) 973-0330 Tyler
(660) 646-7963 Ginger
(660) 745-3448 Office

Public Water Supply District 2
(660) 646-2215 Greg
(660) 646-4083 Office

Public Water Supply District 3
Livingston

(660) 646-9516 Billy
(660) 636-5257 Office

Public Water Supply District 3
Linn/Livingston

(660) 752-8054 Shawn
(660) 659-2266 Office

Public Water Supply District 4

(660) 646-8207 David
(660) 973-3121 Tyler
(660) 772-3316 Office

EMPLOYMENT

Chillicothe Job Center
601 W. Mohawk Rd., Chillicothe
(660) 646-0671

Flexible Staffing
402 S. Washington St. Ste 2,
Chillicothe
(660) 646-4000

Missouri Senior Employment
SER International
(573) 526-4542

ALWAYS CALL 911
DON'T HESITATE! IF YOU THINK
YOU MAY BE EXPERIENCING A
HEART ATTACK OR STROKE,
CALL 9-1-1 IMMEDIATELY.
EMERGENCY SERVICES WILL
START YOUR CARE AT HOME, WHICH
INCREASES YOUR CHANCES OF
RECOVERY. EVERY MINUTE COUNTS.

ENERGY ASSISTANCE

Community Action Partnership North Central Missouri (CAPNCM)

1506 Oklahoma Ave.

Trenton, MO 64683

(660) 359-3907

(855) 290-8544

*Must fill out intake form
available at CMU Office &
Livingston County Health Center.*

ENERGY AUDIT

CMU Utilities

920 Washington St., Chillicothe

(660) 646-1664

cmuchillicothe.com

Farmer's Electric Cooperative

201 W. Bus. Hwy. 36, Chillicothe

(660) 646-4281

(800) 279-0496

FARMERS MARKET

Chillicothe Farmer's Market

Courthouse Square

Saturday Mornings

8:00 a.m.-12:00 p.m.

1st Weekend in May through

Last Saturday in October

FINANCIAL ASSISTANCE

Community Action Partnership North Central Missouri (CAPNCM)

1506 Oklahoma Ave.

Trenton, MO 64683

(660) 359-3907

(855) 290-8544

*Must fill out intake form
available at CMU Office &
Livingston County Health Center.*

Family Support Division Information Center

(855) 373-4636

Nursing Home Payment Help

Operation Help

First Christian Church

900 Jackson Street, Chillicothe

(660) 646-2602

Salvation Army

621 W. Mohawk Rd., Chillicothe

(660) 646-3538

FINANCIAL PLANNING

(SEE BANKS FOR MORE)

Ed Douglas Financial Planning

2109 Oaklawn Drive, Chillicothe

(660) 646-1084

Edward Jones

Mark Harrison

P.O. 828, Chillicothe

(660) 646-5645

Edward Jones

Jim Bonderer

2003 Strategy Lane, Ste. A,

Chillicothe

(660) 646-7109

Edward Jones

Kendra Nolte

1133 Washington St., Chillicothe

(660) 646-9921

Farm Credit Services

2800 Washington St., Chillicothe

(660) 646-5044

Financial & Tax Services, LLC

812 Clay St., Chillicothe

(660) 646-4488

Carrie Busse, Julie Gorham

Robertson Investment Gallery
417 Locust St., Chillicothe
(660) 646-2221
Ed Robertson

**Raymond James
Financial Services, Inc.**
891 Fairway Drive, Chillicothe
(660) 646-2090
Terry Nibarger

**Stifel
Marcolla Wealth Management**
899 Fairway Drive, Chillicothe
(660) 646-8565
John Marcolla, Kyle Marcolla

Staton Commodities
708 S. Washington St., Ste. 7,
Chillicothe
(660) 646-0032

FIRE DEPARTMENT

Chillicothe Fire Department
700 Second Street, Chillicothe
(660) 646-2139
Knox Boxes, Smoke Detectors

FITNESS

Anytime Fitness 24 Hours
348 E. Bus. Hwy. 36, Chillicothe
(660) 240-0690

Axiom Brazilian Jiu-Jitsu
606 Jackson Street, Chillicothe
(660) 973-0398

City Walking & Biking Trail
*Starts at 3rd & South Woodrow
Streets, West of the old prison &
continues 1.4 miles to the East
entrance near Blackwater
Restaurant & Lounge.*

PROTECT YOUR FRONT DOOR.

**YOU CAN PROVIDE SECURE
IMMEDIATE ACCESS TO YOUR
HOME FOR EMERGENCY SERVICE
PROVIDERS WITH A KNOX BOX,
AVAILABLE THROUGH THE
CHILICOTHE FIRE DEPARTMENT.**

Chilli Bay Water Park
Simpson Park, Hwy 65 North
(660) 646-6107

CrossFit Rescue
105 Elm Street, Chillicothe
(660) 247-0088

Danner Park
111 Trenton Road, Chillicothe
*Walking Trail
Senior Park Equipment*

Foresight Fitness
409 Park Lane, Chillicothe
(660) 973-6220
Open 24 Hours

**Grand River
Multipurpose Center**
607 W. Bus. Hwy. 36, Chillicothe
(660) 646-1555
*Line Dancing, Richard Simmons,
Square Dancing*

Grand River YMCA
1725 Locust Street, Chillicothe
(660) 646-6677
*6-Month Senior Trial Membership
Silver Sneakers, Chair Yoga,
Aquatics, Golf Simulator,
Batting Cage, Walking Track*

Green Hills Golf Course

500 W. Mohawk Rd., Chillicothe
(660) 646-6669
Golf Course

Simpson Park

1503 Walnut Street, Chillicothe
Walking Trail

University of Missouri Extension

511 Elm Street, Chillicothe

(660) 646-0811

Matter of Balance

Stay Strong, Stay Healthy

FOOD ASSISTANCE

House of Prayer Rescue Mission

215 Henry St., Chillicothe

Tuesday, Thursday & Sunday

11:30 am-12:00 pm

Greg Hughes, Mission Director

(660) 646-3450 Leave Message

Food Pantry Available

During Meal Times

Impact Mission Center

449 Elm Street, Chillicothe

Lifepoint Food Pantry &

USDA Commodities

Proof of Address &

Income Required

(660) 240-9487

MRCC Rural Food

Cooperative Program

919 Easton St., Chillicothe

Ron & Joyce Perry

(660) 646-4595

Knights of Columbus Hall

(Distribution Location)

Annual Coop Fee \$10

Monthly Food Pkg. \$22

Salvation Army Pantry

621 W. Mohawk Rd., Chillicothe

(660) 646-3538

Second Harvest Monthly

Fresh Mobile Pantry

(816) 364-3663

Second Wednesday at 10 a.m.

First Baptist Church Parking Lot

1601 Bryan Street, Chillicothe

First Come, First Served

Check Schedule www.shcfb.org

SNAP (Food Stamps)

(855) FSD-INFO, or 855-373-4636

FUNERAL HOMES

Heritage Funeral Home

3141 North Washington St.,

Chillicothe

(660) 646-6600

Lindley Funeral Home

910 Washington St., Chillicothe

(660) 646-4857

(800) 870-4857

Braymer (660) 645-2818

Hale (660) 565-2315

GRANDPARENT

SUPPORT

Birthright

703 Webster Street, Chillicothe

(660) 707-0268

Services for Unplanned

MINIMIZE MAIL.

**CREDIT CARD & INSURANCE OFFERS
ARE A GOLD MINE FOR IDENTITY
THIEVES. ELIMINATE THE POSSIBILITY
BY OPTING OUT OF RECEIVING THESE
KINDS OF OFFERS THROUGH THE MAIL.**

**CALL 1-888-567-8688 OR VISIT
OPTOUTPRESCREEN.COM TO KEEP
THOSE OFFERS FROM COMING.**

Pregnancies

Chillicothe Parents as Teachers
(660) 240-3316

*Free Early Childhood Support
& Caregiver Education*

Child Abuse & Neglect Hotline
(800) 392-3738

Children's Division

Family Support Division

601B W. Mohawk Rd., Chillicothe
(660) 646-5770

Foster Parents

First Steps Early Intervention
(866) 583-2392

*Developmental Disabilities
& Delays Birth to Three Years*

Foster Adopt Connect

301 Cowgill Street, Chillicothe
(660) 225-0059

Foster Parent Support

Green Hills Head Start

418 Mack Street, Chillicothe
(660) 646-0083

Income-Based Childcare/Preschool

Life Options Green Hills

1433 Lulu Street
Trenton, MO 64683
(660) 358-1378

*Free Pregnancy & Health Center
Supplies for Baby, Programs,
Free Ultrasound Based on Criteria*

Livingston County Health Center

800 Adam Drive, Chillicothe
(660) 646-5506

*Women, Infants & Children (WIC)
Program, Immunizations,
Birth Certificates, Breastfeeding
Support, Smart Connections
Parenting Series*

Missouri Parents Act (MPACT)
(800) 743-7634 (V/TTY)

*Helps Navigate Services for
Children With Disabilities*

**North Central Missouri
Children's Advocacy Center**

906 Main Street
Trenton, MO 64683
(660) 359-2874

Help for Abused Children

Salvation Army

621 W. Mohawk Rd., Chillicothe
(660) 646-3538

Pathways to Hope Program

**University of Missouri Extension
Livingston County Office**

211 Locust Street, Chillicothe
(660) 646-0811

Activities, Programs

GRIEF SUPPORT

Calvary Baptist Church

206 Locust Street, Chillicothe
(660) 646-3578

GriefShare

Lifepoint Church

Connection Center

401 Elm Street, Chillicothe
(660) 973-2639

*Food & Fellowship 5:30 pm
Worship & Groups 6:15-8:30 pm
GriefShare*

Three Rivers Hospice

607 A Lana Drive
Cameron, MO 64629
(816) 632-2910

United Methodist Church

1414 Walnut Street, Chillicothe
(660) 646-2580

GROCERY STORES

Hy-Vee

1210 Washington St., Chillicothe

(660) 646-3638

*Curbside Pickup or Delivery
through Door Dash App*

Mid-Town Grocery & More

720 Elm St., Chillicothe

(660) 214-9140

Walmart

1000 Graves St., Chillicothe

(660) 646-6000

*Curbside Pickup through
Walmart+ App*

GROUND AMBULANCE

Chillicothe Ambulance Service

(660) 646-2139

Billing Questions

(660) 646-1877

HEALTH DEPARTMENT

Livingston County Health Center

800 Adam Drive, Chillicothe

(660) 646-5506

Missouri

**Department of
Health & Senior
Services**

(800) 392-0272



HEARING IMPAIRED

Deaf Line Missouri

Free Voice/VRS/TTY:

(800) 380-3323

Videophone (9am-5pm)

(573) 303-5604

Text HAND to 839863

Hearing Care Partners

614 Washington St., Chillicothe

(660) 665-9114

(866) 757-4327

Missouri Commission for the Deaf & Hard of Hearing

(573) 526-5205

HOMELESS SHELTER

Community Resource Center

913 Webster Street, Chillicothe

(660) 646-1667

HOME HEALTH SERVICES

IN-HOME CARE

Bella Brooke Home Care

1115 Second Street, Chillicothe

(660) 646-1595

Better Way, LLC (Private Pay)

408B South Washington St.,
Chillicothe

(660) 247-0258

Green Hills Superior Care

915 East 9th Street

Trenton, MO 64683

(660) 359-6777

HOME HEALTH

Serve Link Home Care

1510 East 9th Street

Trenton, MO 64683

(660) 359-4218

(800) 279-2242

St. Luke's Home Care/Hospice

893 Fairway Drive, Chillicothe

(660) 646-2199

HOME REPAIR- INCOME BASED

Community Action Partnership

North Central Missouri

(CAPNCM)

(855) 290-8544

Weatherization Program
Must fill out intake form available
at CMU Office & Livingston County
Health Center.

USDA Rural Development
1100 Morton Parkway, Chillicothe
(660) 646-6222
Low Interest Rate Loans for
Roof Repairs, Etc.

HOSPICE CARE

**Cameron Regional
Comfort Care Hospice**
1005 West 3rd Street Suite 4
Cameron, MO 64429
(816) 632-4411

Three Rivers Hospice
607 A Lana Drive
Cameron, MO 64429
(816) 632-2910

St. Luke's Home Care/Hospice
893 Fairway Drive, Chillicothe
(660) 646-2199

HOSPITALS

**Cameron Regional
Medical Center**
1600 East Evergreen Street
Cameron, MO 64429
(816) 632-2101

**Carroll County
Memorial Hospital**
1502 N. Jefferson St.
Carrollton, MO 64633
(660) 542-1695

**Hedrick Medical Center
Saint Luke's Hospital System**
2799 N. Washington Street,
Chillicothe
(660) 646-1480

Pershing Memorial Hospital
130 East Lockling Street
Brookfield, MO 64628
(660) 258-2222

**Wright Memorial Hospital
Saint Luke's Hospital System**
191 Iowa Boulevard
Trenton, MO 64683
(660) 358-5700

HOTLINES

AARP Customer Service
(888) 687-2277

**Adult Abuse, Neglect and
Exploitation Hotline**
(800) 392-0210
TDD: (800) 735-2466

**American Brain Tumor
Association**
(800) 886-2282

American Lung Association
(800) 586-4872

Annual Credit Report
(877) 322-8228

Debt Relief Hotline
(800) 291-1042

Struggling With Credit Card Debt

HOME HEALTH VS. HOME CARE

**HOME HEALTH PROVIDES
CLINICAL CARE TO HELP THE
PATIENT RECOVER.**

**HOME CARE HELPS WITH DAY-TO-
DAY CAREGIVING AND TASKS.
SOME AGENCIES PROVIDE BOTH.**

HELP EMERGENCY SERVICES FIND YOU.

THE CITY OF CHILLICOTHE REQUIRES HOUSE NUMBERS TO BE 3 INCHES OR MORE AND VISIBLE FROM THE STREET.

911 RURAL LOCATION SIGNS & POSTS ARE AVAILABLE FOR PURCHASE AT THE LIVINGSTON COUNTY HEALTH CENTER.

Eldercare Location

U.S. Administration on Aging

(800) 677-1116

Finding necessary and convenient services that serve the elderly in your community.

National Institute on Aging Information Center

(800) 222-2225

TTY: (800) 222-4225

Discussing health concerns, medicines, and other issues important to older people.

Poison Control Center

(800) 366-8888

HOUSING

Ashbury Heights

603 St. Louis Avenue, Chillicothe

(660) 707-1270

(888) 826-0404

Center Apartments

525 Jackson Street, Chillicothe

(660) 951-8699

Chillicothe Estates

555 W. Mohawk Rd., Chillicothe

(660) 240-8424

Chillicothe Chamber of Commerce

514 Washington St., Chillicothe

(660) 646-4050

Rent Referral List

Chillicothe Housing Authority

320 Park Lane, Chillicothe

(660) 646-3215

Chillicothe Plaza Apartments

1419 Alexander St. Ste. A, Chillicothe

(660) 646-4254

Indian Hills Apartments

2601 N. Fair Street, Chillicothe

(660) 646-1230

The Strand Apartments

716 Clay St., Chillicothe

(660) 646-4040

Timber Villas Apartments

2660 N. Washington Street, Chillicothe

(660) 646-1215

(844) 605-0673

HOUSEKEEPING SERVICES

Access II

101 Industrial Parkway

Gallatin, MO 64640

(660) 663-2423

(888) 663-2423

Bella Brooke Home Care

415A Washington St., Chillicothe

(660) 240-5116

Better Way, LLC (Private Pay)

408B South Washington St., Chillicothe

(660) 247-0258

Young at Heart Resources

Toll Free: (888) 844-5626

Call for Resources

Serve Link Home Care

1510 East 9th Street

Trenton, MO 64683

(660) 359-4218

(800) 279-2242

HOUSE CLEANING SERVICES

CARPET CLEANING

Carpet Plus+ Restoration

708 A Washington Street,
Chillicothe

(660) 247-5021

Carpets & Restoration Services

Griffin Flooring & Carpet Cleaning

1409 Polk Street, Chillicothe

(660) 635-2424

Newkirk Cleaning Company

880 First Street, Chillicothe

(660) 646-1300

HOUSE CLEANING

Servpro

98 S. Washington St., Chillicothe

(660) 240-5105

Residential Cleaning

Restoration Services

Tina's Legacy Cleaning, LLC

611 Clay Street, Chillicothe

(660) 973-6023

RESTORATION SERVICES

Marshall Restoration

(660) 646-2203

FOR 24/7 EMERGENCIES CALL

(816) 298-5898

WINDOW CLEANING

Squee-Genie, LLC

1227 Jackson Street, Chillicothe

(660) 717-1555

IMMUNIZATIONS

Chillicothe Family Pharmacy

504 S. Washington St., Chillicothe

(660) 240-0828

Hometown Pharmacy

601 Locust St., Chillicothe

(660) 646-7455

Hy-Vee Pharmacy

1210 Washington St., Chillicothe

(660) 646-1280

Livingston County Health Center

800 Adam Drive, Chillicothe

(660) 646-5506

Northwest Health Services

Chillicothe

300 Bus. Hwy. 36, Chillicothe

(660) 280-2500

Walmart Pharmacy

1000 Graves Street, Chillicothe

(660) 646-6550

INCOME TAX

Missouri Department of Revenue

(573) 751-4450

dor.mo.gov

Tax Relief Hotline

(877) 283-8580

Helps with Back Taxes

ACCOUNTING

Bobbi J. Meneely, CPA, L.L.C.

437 Locust Street, Chillicothe

(660) 214-9070

Clevenger & Associates, CPA, P.C.

2881 Grand Drive, Chillicothe

(660) 646-4872

Conrad & Higgins, L.L.C.

1422 N. Washington St.,
Chillicothe
(660) 240-0645

Harden, Cummins, Moss & Miller, L.L.C.

515 Washington St., Chillicothe
(660) 646-2336

Triple H Accountants, Inc.

819 Polk Street, Chillicothe
(660) 646-2415

FREE TAX PREP ASSISTANCE

Community Resource Center

913 Webster Street, Chillicothe
(660) 646-1667

Grand River Multipurpose Center

607 W. Bus. Hwy. 36, Chillicothe
(660) 646-1555
AARP Tax Preparers

55 & GO

304 Clay Street, Chillicothe
(660) 646-0010

TAX PREP

Financial & Tax Services, LLC

812 Clay Street, Chillicothe
(660) 646-4488
Carrie Busse, Julie Gorham

H & R Block

220 N. Washington St., Chillicothe
(660) 646-3515

Julie Kline

812 Clay Street, Chillicothe
(660) 646-5358

INDEPENDENT LIVING

Baptist Home

500 Baptist Home Ln., Chillicothe
(660) 646-6219

INTERNET SERVICES

AT&T

820 Washington St., Chillicothe
(855) 293-7676

Green Hills Communications

7926 NE State Route M
Breckenridge, MO 64625
(660) 644-5411

Jump Wireless

(660) 973-0601

T-Mobile

720 Washington St., Chillicothe
(660) 240-3901

Verizon

714 Washington St., Chillicothe
(660) 240-0293

Zito Media

(800) 365-6988

KIDNEY DISEASE SUPPORT

DaVita Chillicothe Dialysis

588 E. Business 36, Chillicothe
(800) 424-6589

American Kidney Fund

(800) 638-8299

*Financial assistance and
education for people with kidney
disease. Kidneyfund.org*

LAUNDRY

E-Z Do Laundromat

1122 Walnut Street, Chillicothe
(660) 646-9754

Daizy Dry Cleaners

716 Cherry Street, Chillicothe
(660) 646-0455

LAW ENFORCEMENT

Chillicothe Police Department
613 Walnut Street, Chillicothe
(660) 646-2121
Emergency: 911

**Livingston County
Sheriff's Office**
919 Jackson Street, Chillicothe
(660) 646-0515
Emergency: 911

LEGAL ASSISTANCE

Legal Aid of Western MO
(800) 892-2943

Missouri Senior Resource Line
(800) 235-5503

Young At Heart Resources
(888) 844-5626

LEGISLATIVE CONTACTS

U.S. Senator Josh Hawley
400 East 9th Street, Ste. 9350
Kansas City, MO 64106
(816) 960-4694
www.hawley.senate.gov

U.S. Senator Eric Schmitt
1123 Wilkes Boulevard
Suite 320
Columbia, MO 65201
(573) 514-8680
www.schmitt.senate.gov

U.S. Representative Sam Graves
11724 NW Plaza Circle, Suite 900
Kansas City, MO 64153
(816) 792-3976
www.graves.house.gov

STRANDED ON THE ROADSIDE?

LOCAL LAW ENFORCEMENT
WILL ENSURE YOUR SAFETY WHILE
YOU RESOLVE THE SITUATION.

GIVE THEM A CALL
IF YOU ARE CONCERNED.

State Senator Rusty Black
201 W. Capitol Avenue, Room 331
Jefferson City, MO 65101
(573) 751-1415
rusty.black@senate.mo.gov

**State Representative
Peggy McGaugh**
201 W. Capitol Avenue, Room 402
Jefferson City MO 65101
(573) 751-2917
Peggy.McGaugh@house.mo.gov

LIBRARY

Lillian DesMarias Youth Library
917 Washington St., Chillicothe
(660) 646-0563
Children's Library Programming

Livingston County Library
450 Locust St., Chillicothe
(660) 646-0547
*Books in Print, Audio Books,
Movies, Internet Access,
Programs, Copy & FAX,
Online Resources, Genealogy
Services, Online Driver's Test,
Virtual Services, Book Groups,
Little Free Libraries*

LICENSE OFFICE

**Missouri Department of Revenue
Chillicothe License Office**
703 S. Washington St., Chillicothe
(660) 646-5418

*Driver's License Renewal,
Photo ID, Vehicle Registration*

MEAL DELIVERY

Mobile Meals

Church Women United
(660) 214-8480 to Sign Up
Within City Limits/Any Age

Grand River Multipurpose Center

607 W. Bus. Hwy. 36, Chillicothe
(660) 646-1555

Sign Up:

**grandrivermc.com/
menu**

*Delivers to All of
Livingston County
55 & Over*

Includes Wellness Check



MEDICAID

Medicaid Hotline

(800) 392-2161

Medicaid Fraud Unit

(800) 286-3932

Medicaid Office

Family Service Contact

(855) 373-4636

Medicaid Transportation

(Non-Emergency)

(866) 269-5927

After Hours: (866) 269-5944

Senior Disability Call Center

(866) 835-3505

*Medicaid In-Home Services,
Meals, Respite, Homemaker/
Chore, Personal Care*

MEDICAL ALERT SYSTEMS

Green Hills Communications

7926 NE State Route M
Breckenridge, MO 64625

(660) 644-5411

(800) 846-3426

Lifeline Discount

Disability Discount

Lincare

105 Washington St., Chillicothe
(660) 646-9991

Serve Link Home Care

1510 East 9th Street
Trenton, MO 64683

(800) 279-2242

(660) 359-4218

LIFELINE Personal

Response Systems

MEDICAL CLINICS

Hedrick Family Care

2791 N. Washington St.,
Chillicothe

(660) 646-2682

Northwest Health Services

Chillicothe

300 Business Hwy. 36, Chillicothe

Medical – (660) 280-2500

Dental – (660) 280-2501

Pharmacy – (660) 280-2502

Gregory Sensenich, DO

861 Fairway Drive, Chillicothe

(660) 646-0000

Complete Family Medicine

Urgent Care Clinic

245 Washington St., Chillicothe

(660) 752-9006

WOMEN'S HEALTH SERVICES

Chillicothe Women's Clinic
Dr. Yulia Peniston
861 Fairway Drive, Chillicothe
(660) 999-9987

Women's Health Services
Community Action Partnership
North Central Missouri
(CAPNCM)

511 Elm Street, Chillicothe
(877) 611-7600 ext. 1055 or
(660) 359-2855 ext. 1055
*Sliding Fee Scale, Breast Exams,
Pelvic Exam, PAP Smears*

Show Me Healthy Women
(SMHW) Program offers free
breast and cervical cancer
screenings. Must meet age,
income & insurance guidelines.

MEDICAL EQUIPMENT

Access II
101 Industrial Parkway
Gallatin, MO 64640
(660) 663-2423
(888) 663-2423
TTY: (660) 663-2663

Hometown Healthy
Living Store
609 Locust Street, Chillicothe
(660) 646-0400

Lincare
105 Washington St., Chillicothe
(660) 646-9991

MEDICAL MARIJUANA

Codes Dispensary
941 South Washington Street,
Chillicothe
(660) 620-8141

MEDICARE

Medicare
(800) MEDICARE
(800) 633-4227



Benefits
Coordination
& Recovery Center (BCRC)
(855) 798-2627
TTY: (855) 797-2627
*Medicare Secondary Payer, and
who pays first.*

Missouri CLAIM
Benefits Counseling
Access II
101 Industrial Parkway
Gallatin, MO 64640
(660) 663-2423
(888)663-2423

Senior Medicare Patrol (SMP)
(888) 515-6565
*Complaints about quality of care
and filing an appeal or complaint.*

State Department
of Insurance (SHIP)
(800) 726-7390
Medigap Policies

SIGNING UP FOR MEDICARE?

MAKE SURE YOUR DOCTOR AND
LOCAL HOSPITAL WILL ACCEPT A
MEDICARE ADVANTAGE (PART C)
PLAN BEFORE YOU SIGN UP.

IN MOST CASES, YOU CAN ONLY
USE DOCTORS WHO ARE IN THE
PLAN'S NETWORK.

CALL 988...

IF YOU OR SOMEONE YOU KNOW IS
STRUGGLING OR IN CRISIS,
CALL OR TEXT 988 OR CHAT
[988LIFELINE.ORG](https://www.988lifeline.org)
TO CONNECT WITH TRAINED CRISIS
COUNSELORS WHO CAN HELP
PEOPLE EXPERIENCING MENTAL
HEALTH-RELATED DISTRESS.

Young At Heart Resources

809 North 13th Street
Albany, MO 64402
(660) 240-9400
(888) 844-5626
Benefits Counseling

MEDICARE SUPPLEMENTS

Price & Johnson Insurance
1101 W. Bus. Hwy 36, Chillicothe
(660) 646-6245

MENTAL HEALTH

Hedrick Medical Center
2799 N. Washington St.,
Chillicothe
(660) 646-5522
*Specialty clinic for outpatient
psychiatry.*

Hope and Healing Solutions
Theresa Benskin, LCSW
705 Webster St., Chillicothe
(660) 207-5298

**North Central Missouri
Mental Health**
401 Youssef Drive, Chillicothe
(660) 646-6872
24-Hour Crisis Response Line:
(888) 279-8188

**Northwest Health Services
Chillicothe**
300 Bus. Hwy. 36, Chillicothe
(660) 280-2500

Sol Oasis
895 Fairway Drive, Chillicothe
(660) 240-5024
Elizabeth McKinley, LPC
Allison Pickering, LCSW
Monica Wolf, LPC

SENIOR LIFE SOLUTIONS

Carroll County Memorial Hospital
1502 N. Jefferson Street
Carrollton, MO 64633
(660) 542-1695
[seniorioip.com](https://www.seniorioip.com)

Wright Memorial Hospital
101 Iowa Blvd.
Trenton, MO 64683
(660) 357-4730
[saintlukeskc.org](https://www.saintlukeskc.org)

NURSING HOMES

Cameron Veterans Home
1111 Euclid Avenue
Cameron, MO 64429
(816) 632-6010

Grand River Health Care
118 Trenton Road, Chillicothe
(660) 646-0353

Indian Hills
A Stone Bridge Community
2601 N. Fair Street, Chillicothe
(860) 879-0294
(660) 646-1230

Livingston Manor
939 East Birch Drive, Chillicothe
(660) 646-5177
Alzheimer's Special Care Unit

Morningside Center
1700 Morningside Drive,
Chillicothe
(660) 646-0170

NURSING HOME ADVOCATE

**Missouri Long-Term Care
Ombudsman Program**
(800) 309-2382
*Confidential Advocates for
Nursing Home Resident Concerns*

OPTOMETRISTS

ForSight Eyecare
883 Fairway Drive, Chillicothe
(660) 707-0600

Premier Eyecare Associates
1115 Washington St., Chillicothe
(660) 646-3937

Walmart Vision & Glasses
1000 Graves Street, Chillicothe
(660) 707-1948
Recycled Eye Glass Donation Box

PEST CONTROL

B&B Exterminator
25252 Image Road
Brookfield, MO 64628
(660) 258-2468

Chuck's Pest Control
724 Locust Street, Chillicothe
(660) 646-2074

D & T Pest Control
493 NE 30th Street
Trenton, MO 64683
(660) 654-0763

Mefford Pest Control
605 North Walnut Street,
Cameron, MO 64429
(816) 632-7778

Orkin Pest & Termite
(877) 987-7188

PETS

ABUSE/ADOPTION

Chillicothe Animal Shelter
Livingston County
Humane Society
1400 S. Mitchell Ave., Chillicothe
(660) 646-1006

BOARDING

Chillicothe Animal Hospital
551 Business Hwy. 36, Chillicothe
(660) 646-3670

Dapper Blue
46 East Trenton Road, Chillicothe
(660) 240-5031

Young Veterinary Clinic
3145 N. Highway 65, Chillicothe
(660) 646-7878

CITY LICENSE

City of Chillicothe
715 Washington St., Chillicothe
(660) 646-1877

DOG BITES

Chillicothe Police Department
613 Walnut St., Chillicothe
(660) 646-2121

Livingston County Health Center
800 Adam Drive, Chillicothe
(660) 646-5506

Livingston County Sheriff's Office
919 Jackson St., Chillicothe
(660) 646-0515

EXERCISE

Tina Mapel Memorial Dog Park
Corner of Boehner & Clay Streets,
Chillicothe

GROOMING

Chillicothe Animal Hospital

551 Business Hwy. 36, Chillicothe
(660) 646-3670

Dapper Blue

608 2nd Street, Chillicothe
(660) 240-5057

Paws Fur Tails

1317 Fair Street, Chillicothe
(660) 646-5353

LOST PET

City of Chillicothe

Animal Control Officer
(660) 646-2121

Forrest O. Triplett Animal Shelter (Chillicothe Animal Shelter)

1400 S. Mitchell Ave., Chillicothe
(660) 646-1006

VETERINARY SERVICES

Chillicothe Animal Hospital

551 W. Business Hwy. 36,
Chillicothe
(660) 646-3670

Daniel Ross, DVM

Samantha Maberry, DVM

Ann Callahan, DVM

North Central Missouri

Vet Services

300 Cherry Street, Chillicothe
(660) 646-8558

Jennifer Link, DVM

Jill Nash, DVM

Young Veterinary Clinic

3145 North Hwy 65, Chillicothe
(660) 646-7878

Darrin Young, DVM

Sarah Claytor, DVM

PHARMACIES

Chillicothe Family Pharmacy

504 S. Washington St., Chillicothe
(660) 240-0828

Hy-Vee Pharmacy

1210 Washington St., Chillicothe
(660) 646-1280

Hometown Pharmacy

601 Locust St., Chillicothe
(660) 646-7455

Northwest Health Services

Chillicothe

300 Business Hwy. 36, Chillicothe
(660) 280-2502

340B Drug Discount Program

Walmart Pharmacy

1000 Graves Street, Chillicothe
(660) 646-6550

POISON CONTROL

Poison Control Center

(800) 366-8888

PRESCRIPTION DRUG

DISPOSAL

Chillicothe Police Department

613 Walnut Street, Chillicothe
(660) 646-2121

Located in Lobby

Hy-Vee Pharmacy

1210 Washington St., Chillicothe
(660) 646-1280

Pharmacy

Hedrick Medical Center

2799 N. Washington St.,
Chillicothe

(660) 646-1480

Emergency Room Waiting Area

PRESCRIPTION DRUG HELP

**Community Action Partnership
North Central Missouri (CAPNCM)**
(855) 290-8544

*Senior Funds-Must fill out intake
form available at CMU &
Livingston County Health Center*

**Community Leaders Assisting the
Insured of Missouri (CLAIM)**
(800) 390-3330

GoodRX
goodrx.com
Prescription Coupons

Needy Meds
www.needy meds.org

**Northwest Health Services
Chillicothe**
300 Bus. Hwy. 36, Chillicothe
(660) 280-2502
340B Drug Discount Program

Missouri RX
(800) 375-1406

Operation Help
First Christian Church
900 Jackson Street, Chillicothe
(660) 646-2602

**Partnership for
Prescription Assistance**
(888) 477-2669

Rx Outreach
(800) 769-3880

SingleCare
(844) 234-3057

PROPERTY TAX CREDITS

Community Resource Center
913 Webster Street, Chillicothe
(660) 646-1667

DISPOSE OF OLD PRESCRIPTIONS!

KEEP PRESCRIPTIONS YOU NO
LONGER NEED OUT OF THE WATER
SUPPLY AND AWAY FROM KIDS BY
TAKING THEM TO ONE OF THREE
PRESCRIPTION DRUG TAKE-BACK
LOCATIONS IN THE COUNTY.

Young At Heart Resources
809 North 13th Street
Albany, MO 64402
(660) 240-9400
(888) 844-5626
Benefits Counseling

PROSTHETICS & ORTHOTICS

Hanger Clinic
1828 East 9th
Trenton, MO 64683
(660) 339-7094

PSYCHIATRIC GROUP THERAPY

Senior Life Solutions
Carroll County Memorial Hospital
1413 North Jefferson
Carrollton, MO 64633
(660) 542-1695

Senior Life Solutions
Wright Memorial Hospital
191 Iowa Boulevard
Trenton, MO 64683
(660) 357-4733

CALLING 911 FROM A CELL PHONE?

TELL THE OPERATOR THE LOCATION
OF THE EMERGENCY RIGHT AWAY.

DON'T ASSUME EMERGENCY
SERVICES CAN TRACK YOUR PHONE.

FOR EMS TO FIND AND HELP YOU AS
QUICKLY AS POSSIBLE, GIVE THEM
YOUR LOCATION FIRST THING.

LOCAL RADIO STATIONS

KCHI (1010 AM/102.5 FM)

Chillicothe

(660) 646-4173

www.kchi.com

KULH (105.9 FM) Chillicothe

(660) 646-2255

www.1059thewave.com

KMZU (100.7 FM) Carrollton

KRLI (103.9 FM) Marshall

(660) 542-0404

www.kmzu.com

KGOZ (101.1)

KTTN (92.3 FM) Trenton

660-359-2261

www.kttn.com

KZBK/KFMZ (96.9 FM) Brookfield

(660) 258-3383

www.kzbradio.com

KRLI (103.9 FM) Marshall

(660) 831-1234

www.krli.net

RECREATION

Chilli Bay Water Park

Simpson Park, Chillicothe

(660) 646-6107

Aquatics Center

**Chillicothe Chamber
of Commerce**

514 Washington St.,
Chillicothe

(660) 646-4050

*QR Code for Event
Calendar & Social
Clubs List*

Chillicothe Grand 6

B&B Theatres

2880 Grand Drive, Chillicothe

bbtheatres.com

PUBLIC

ADMINISTRATOR

Livingston County Courthouse

700 Webster Street, Chillicothe

(660) 646-8000; Option 8

PUBLIC HOUSING

Chillicothe Public

Housing Authority

320 Park Lane, Chillicothe

(660) 646-3215

PUBLIC SAFETY ALERTS

Sign Up for

CODE RED

*Local public
safety*

*information sent
as email and text
to your cell*

phone, wireless PDA or pager.

www.chillicothe-city.org

www.livingstoncountymo.com

www.livcohealthcenter.com

LOCAL NEWSPAPER

Chillicothe Constitution-Tribune

516 Washington St., Chillicothe

(660) 776-9400

www.chillicothenews.com



Chillicothe Mudcats
Shaffer Memorial Park
298 Mack Street, Chillicothe
www.chillicothemudcats.com
Mink League Baseball Team

**Chillicothe (MO)
Pickleball Association**
Check Facebook Page for Details
Organized Local Pickleball Group

Chillicothe Theatre Company
(617) 504-4993
Presenting Theatrical Productions

**Cultural Corner
Art Guild & Gallery**
424 Locust Street, Chillicothe
(660) 240-5022
culturalcornerartguild.org
Exhibits & Classes

**Extreme Racing &
Family Fun Center**
590 Park Lane, Chillicothe
(660) 973-2691

**Fastlane
Family Entertainment Center**
2870 Grand Drive, Chillicothe
(660) 707-1700
Bowling, Pool

**Grand River Historical Society
Museum**
1401 Forest Drive, Chillicothe
(660) 646-1341
chillicothemuseum.com
Saturday, Sunday, Wednesday
1:00 - 4:00 p.m.
Exhibits, Museum, Call for Tours

Grand River Multipurpose Center
607 W. Bus. Hwy. 36, Chillicothe
(660) 646-1555
Socialization, Cards
Future Site: 1100 Oak Street

Green Hills Golf Course
500 W. Mohawk Rd., Chillicothe
(660) 646-6669
Golfing

Jerry Litton Memorial Stadium
2801 Hornet Road, Chillicothe
Chillicothe High School Athletics

Lillian DesMarias Youth Library
917 Washington St., Chillicothe
(660) 646-0563
Children's Library

Livingston County Library
450 Locust St., Chillicothe
(660) 646-0547
*Books in Print, Audio Books,
Movies, Internet Access, Programs*

Main Street Chillicothe
514 Washington St., Chillicothe
(660) 646-4071
*Silver Moon Plaza Events,
Wine Walk, Mural Tours*

Parcade
615 Locust St., Chillicothe
(660) 240-9484
Indoor Golf

Sliced Bread Innovation Center
100 Elm Street, Chillicothe
(660) 240-0753
Historically Accurate Escape Room

RECYCLING

Chillicothe Street Department
(660) 646-3811
*Free Curbside Brush &
Christmas Tree Pickup*

CMU
(660) 646-1664
*FREE Hazardous Waste Collection
Spring/Fall Dates
Spring Clean Up Dates*
cmuchillicothe.com

**GFL Environmental
City Dump**

201 S. Mitchell Street, Chillicothe
(660) 707-8000

**Hope Haven Industries, Inc.
Recycling Center**

12 Herriman Street, Chillicothe
(660) 646-5172

Document Shredding

*Paper, Plastics, Cardboard,
Aluminum Cans, Magazines*

Full Listing of Accepted Items:

hopehavenindustries.org

M-F 8:00 a.m. to 3:30 p.m.

EYEGASSES

Walmart Vision & Glasses

1000 Graves Street, Chillicothe
(660) 707-1948

Recycled Eye Glass Donation Box

**REHABILITATION
SERVICES**

**Hedrick Medical Center
Rehabilitation Center**

2799 Washington St., Chillicothe
(660) 646-3811

*Physical, Occupational
& Speech Therapy*

**SHRED SENSITIVE
DOCUMENTS.**

SHRED ANY DOCUMENTS WITH
PERSONAL INFORMATION
INCLUDING: NAME AND ADDRESS,
SOCIAL SECURITY NUMBER,
ACCOUNT AND PIN NUMBERS AND
BANKING INFORMATION.

**North Central Missouri
Mental Health**

401 Youssef Drive, Chillicothe
(660) 646-6872

*Psycho Social Rehabilitation
Program (PSR)*

**RESIDENTIAL CARE
COMMUNITY**

Ashbury Heights

603 St. Louis Ave., Chillicothe
(660) 707-1270

Chillicothe Manor

1301 Monroe St., Chillicothe
(660) 646-5180

RESPITE SERVICES

Access II

101 Industrial Pkwy
Gallatin, MO 64640

(660) 663-2423

(888) 663-2423

TTY: (660) 663-2663

Bella Brooke Adult Day Center

1115 Second Street, Chillicothe
(660) 646-1595

Better Way, LLC

408B S. Washington Street,
Chillicothe

(660) 247-0258

Young At Heart Resources

(888) 844-5626

Senior Disability Call Center

Medicaid in-home services:
meals, respite, home maker
chore, and personal care
assistance.

(866) 835-3505

RESTAURANTS

AVALON

Playhouse Bar & Grill
21966 Park Street
(660) 636-5560

CHILICOTHE

Aloha's Hawaiian BBQ
350 West Business Hwy. 36

Applebee's
500 W. Business 36
(660) 707-1222

Blackwater Restaurant & Lounge
612 1st Street
(660) 707-0712

Boji Stone
612 Washington Street
(660) 646-9939

Burger King
599 E. Business Hwy 36
(660) 240-3335

Chillicothe Country Club
1900 Washington Street
(660) 646-2922
Members Only

Casey's General Store Pizza
2400 North Washington St.
(660) 646-1610

719 Elm Street
(660) 631-8926

610 West Business Hwy 36
(660) 646-3040

China Garden Buffet
1023 S. Washington St.
(660) 707-1200

Corporal Blue's Smoothie Shack
105 Elm Street
(660) 247-5041

Domino's Pizza
1307 Washington Street
(660) 646-9800

Donut Palace
702 Washington Street
(660) 646-2100

Downtown Nutrition
720 Washington Street
(660) 247-5455

El Toro
108 Washington Street
(660) 646-5427

Elks Lodge
401 Harvester Rd
(660) 646-5350
Members Only

FD Nutrition Juice Bar
701 Third Street
(660) 973-4142

Hicks Hometown Drive-In
1311 Washington Street
(660) 646-1008

**Hollie's Hometown
Kitchen & Catering**
600 Park Lane
(660) 973-7544

Hy-Vee Market Grille
1210 Washington Street
(660) 646-3638

Jersey's Sports Grill
2870 Grand Drive
(660) 646-8535

**Kingdom Coffee
Roasting Company**
701 Webster Street
(816) 514-0896

McDonald's

810 Business 36 Hwy
(660) 646-6446

Missouri Coffee Company

610 Park Lane
(660) 240-5047

Murray's Buffet & Grill

719 Washington Street
(660) 646-0047

PC Elkhorn

609 Jackson Street
(660) 646-2804

Pizza Hut

340 S. Washington St.
(660) 646-3500

Shooters Taproom & Kitchen

452 Washington Street
(660) 240-5028

Sonic

400 Washington Street
(660) 646-6255

Subway

416 Washington Street
(660) 646-1110

Taco Bell

1029 Washington Street
(660) 646-1140

The Parlor Bakery & Café

1007 Bryan Street
(660) 646-3333

The Sip

304 Park Lane
(660) 240-5008

Walmart Deli

1000 Graves Street
(660) 646-6000

Yogasaki Hibachi Express

604 Second Street
(660) 654-8746

CHULA**The Park**

505 Waite Street
(660) 639-2234

SALVATION ARMY**Salvation Army**

621 W. Mohawk Road, Chillicothe
(660) 646-3538

Emergency food, shelter, clothing and meals; family development programs; Christian counseling; Christmas assistance; other services as need is determined & resources are available.

SENIOR CENTER**Grand River Multipurpose Center**

607 W. Bus. Hwy. 36, Chillicothe
(660) 646-1555

Future Site: 1100 Oak Street

SENIOR SERVICES**Division of Health & Senior Services**

Family Support Division
 601B W. Mohawk Road,
 Chillicothe
(660) 646-5770

Public Administrator

Courthouse
(660) 646-8000
Option 8

Missouri

**Department of
 Health & Senior
 Services**

(800) 392-0272



Young At Heart Resources
809 North 13th Street
Albany, MO 64402
(660) 240-9400
(888) 844-5626

SMOKE ALARMS

**American Red Cross of
Northwest
Missouri**

401 North 12th St.,
St. Joseph
(816) 232-8439
(800) 733-2767

*Installed by
Chillicothe Fire Department*



SOCIAL SECURITY

Social Security Administration
(800) 772-1213

*Changing address, Medicare Part
A or Part B, lost Medicare card,
and Social Security benefits.*

Chillicothe Regional Office
1105 S. Mitchell Ave., Chillicothe
(660) 646-4870

STATE PARKS

Crowder State Park
76 Route 128
Trenton, MO 64683
(660) 359-6473

*Hiking, bicycling, equestrian
trails, fishing and boating,
campground.*

Pershing State Park
29277 Highway 130
Laclede, MO 64651
(660) 963-2299

*Boardwalk & hiking trail, fishing,
wetlands, camping.*

DO YOU HAVE A WORKING SMOKE DETECTOR?

**IF NOT, YOU CAN CONTACT THE
RED CROSS TO HAVE FREE SMOKE
DETECTORS INSTALLED BY YOUR
LOCAL FIRE DEPARTMENT.**

SCAN THE QR CODE ON THIS PAGE!

SUBSTANCE ABUSE SUPPORT

AA Chillicothe Group
Calvary Baptist Church
206 Locust Street, Chillicothe
South Door

Jasper M. (660) 247-0094
Tuesday, Thursday, Saturday
7:00 p.m.

Livingston County Health Center
800 Adam Drive, Chillicothe
(660) 646-5506
Free Narcan in Lobby

Recovery Chillicothe
600 Webster Street, Chillicothe

Alcoholics Anonymous (AA)
Monday-Saturday
12:00 PM
Sunday
1:00 PM

AL-ANON (Family Group)
Thursday 7:00 PM

Narcotics Anonymous (NA)
Monday, Wednesday, Friday
7:00 PM

Charlotte B. (816) 898-9675
Ralph B. (816) 898-9923

Lifepoint Church

Connection Center

401 Elm Street, Chillicothe

(660) 973-2639

Living Free

Mondays Meal 5:30 Group 6:15

SUBSTANCE ABUSE TREATMENT

Northwest Health Services

Chillicothe

300 Bus. Hwy. 36, Chillicothe

(660) 280-2500

*Medication Assisted Treatment
(MAT)*

Preferred Family Healthcare

Rehabilitation Program

Trenton, MO 64683

(660) 359-4600

Inpatient Rehab

SUICIDE PREVENTION

Suicide & Crisis Lifeline

Call or Text 988

Crisis Counselors Available 24/7

North Central Missouri

Mental Health

24-Hour Crisis Response Line:

(888) 279-8188

**TAKE A
FREE RIDE!**

THANKS TO LIVINGSTON
COUNTY SENIOR TAX FUNDS,
RESIDENTS 60 & OVER CAN RIDE THE
OATS BUS FREE OF CHARGE!

BE SURE TO CALL 24 HOURS AHEAD
TO GET YOUR RIDE SCHEDULED.

THEFT EXPLOITATION

Adult Abuse, Neglect and

Exploitation Hotline

(800) 392-0210

TDD: (800)735-2466

7 a.m.-12 a.m. Daily

Missouri Attorney

General's Office

(573) 751-3321

Chillicothe Police Department

613 Walnut Street, Chillicothe

(660) 646-2121

Livingston County Sheriff's Office

919 Jackson Street, Chillicothe

(660) 646-0515

Livingston County

Victim Advocate

Courthouse

(660) 646-8000, Option 5

TRANSPORTATION

55 & GO

304 Clay Street, Chillicothe

(660) 646-0010

Volunteer Drivers

Access II

101 Industrial Pkwy

Gallatin, MO 64640

(660) 663-2423/(888) 663-2423

*Provides wheel-chair accessible
van on loan—must have driver
and money for gas.*

Missouri DOT Road Conditions

(888) 275-6636

Northwest Area on Aging

Provide-a-Ride Program

(888) 844-5626

Medical Appointments

No Medicaid

OATS BUS

Monday-Friday

(816) 279-3131

(800) 831-9219

60+ Ride Free Thanks to

Senior Citizen Tax Fund

Call 24 Hours in Advance

URGENT CARE

Complete Family Medicine

Urgent Care Clinic

245 Washington St., Chillicothe

(660) 752-9006

UTILITY ASSISTANCE

Community Action Partnership

North Central Missouri

(CAPNCM)

1506 Oklahoma Ave.

Trenton, MO 64683

(660) 359-3907

(855) 290-8544

Energy Assistance, Senior Tax

Funds for financial assistance.

Must fill out intake form available

at CMU Office & Livingston

County Health Center.

Operation Help

First Christian Church

900 Jackson Street, Chillicothe

(660) 646-2602

VETERAN SERVICES

Access II

101 Industrial Pkwy.

Gallatin, MO 64640

(660) 663-2423

(888) 663-2423

TTY: (660) 663-2663

Vet Assist Program to Provide

In-Home Care to Vets & Spouses

Catholic Charities

(816) 232-2885

Housing Assistance

Family Assistance Center

Christopher Smead, Specialist

1616 South Missouri St.

Macon, MO 63552

Office (660) 385-1167 Ext. 5

Cell: (808) 224-2463

Missouri Veteran's Home

1111 Euclid Ave.

Cameron, MO 64429

(816) 632-6010

Missouri Department

of Public Safety

Veterans Commission

mvc.dps.mo.gov

Veteran Resources

Missouri Veterans Commission

Service Officer Dale Morrow

98 S. Washington, Ste. 1,

Chillicothe

(660) 646-5051

Monday-Friday 8:30 a.m.-4 p.m.

Missouri Veterans Commission

Regional Ombudsman

Coordinator

Young at Heart Resources

(660) 240-9400

Advocate for Veterans Home

Residents. Investigate

Complaints, Make Referrals

Veteran's Administration

Caregiver Support Line

(855) 260-3274

Resource Directory

Veteran's Administration Shuttle

Wayne Kleinschmidt

(660) 359-2078

Transport to VA Hospitals

KC Clinics Every Wednesday

Ask About Other Facilities

Livingston County Veterans Association (LICOVA)

Veteran's Building

909 N. Washington St., Chillicothe

VFW & American Legion

Working Together

Community Breakfast

1st Saturday Every Month

Vet Center

(Individual/Group Counseling)

(816) 753-1866

(877) 927-8387

Staffed by combat veterans

24 hours a day.

VFW Post 919 Satellite Location

919 Washington St.,

Trenton, MO 64683

(816) 922-5300 Appointments

Counselor Available 1st Monday

Veteran's Crisis Line

Dial 988 Press "1"

Veteran's Employment

Chillicothe Job Center

601 W. Mohawk Rd., Chillicothe

(660) 646-0671

Veterans & Military Coalition of the Ozarks (VMCO)

vmco1.com

info@vmco1.org

Resources for Veterans

& Their Families

VFW Information

Assistance Group

Meets Every Wednesday

8:30-9:30 a.m.

Chillicothe Hy-Vee Deli

Information for All

Veteran's Programs

(660) 247-5348 George Laprade

(314) 397-4508 Larry Warren

Women's Veteran Crisis Line

(855) 829-6636

Text 838255

Live Chat: **veterancrisisline.net**

TTY: 800-799-4889

VISION IMPAIRMENT

Access II

101 Industrial Pkwy.

Gallatin, MO 64640

(660) 663-2423

(888) 663-2423

Aide devices for loan to assist

visually impaired 55 & Older

Chillicothe Lions Club

Ask Your Optometrist

Must Meet Criteria

Pays for Exam & Glasses

Recycled Eye Glass Donation Box

at Walmart Vision Center

Rehabilitation Services for the Blind

(800) 592-6004

(816) 889-2677

dss.mo.gov

Wolfner Library for the Blind

Free Reading Material

(314) 751-8720

(800) 392-2614

sos.mo.gov/wolfner

VITAL RECORDS

Livingston County Health Center

800 Adam Drive, Chillicothe

(660) 646-5506

Missouri Birth Certificates-\$15

Death Certificates-\$14

Each Additional Copy-\$11

Must Show I.D.

VOLUNTEERING

55 & GO

304 Clay Street, Chillicothe

(660) 646-0010

Schools, Museum, Nursing Homes,

Prison, Hospital, YMCA, Threads

Thrift Store, Joy Toys, Mobile

Meals, Main Street & More

Cultural Corner

Art Guild & Gallery

424 Locust Street, Chillicothe

(660) 240-5022

culturalcornerevents@gmail.com

Events, Classes

Festival of Lights

Check Facebook or Email:

[chillicothemofestivaloflights](mailto:chillicothemofestivaloflights@gmail.com)

[@gmail.com](mailto:)

Installing Christmas Lights

at Simpson Park

FLAG DISPOSAL...

IF YOU HAVE AN AMERICAN FLAG THAT IS TATTERED AND WORN, YOU CAN PROPERLY DISPOSE OF IT IN DESIGNATED CONTAINERS AT THE LIVINGSTON COUNTY COURTHOUSE, LICOVA VETERAN'S BUILDING OR WESTLAKE ACE HARDWARE.

Forest O. Triplett Memorial

Animal Shelter

1400 S. Mitchell Ave.,

Chillicothe

(660) 646-1006

Animal Care, Fundraising

Friends of the

Livingston County Library

450 Locust Street, Chillicothe

(660) 646-0547

Guest Readers, Events, Advocacy

Grand River Multipurpose Center

607 W. Bus. Hwy. 36, Chillicothe

(660) 646-1555

Meal Delivery, Kitchen, Front

Desk, Events

Hedrick Medical Center Auxiliary

2799 N. Washington St.,

Chillicothe

Lindy Chapman

Foundation Development Officer

(660) 214-8107

linchapman@saint-lukes.org

Gift Shop, Hospital Volunteer &

Support Opportunities

Main Street Chillicothe

514 Washington St., Chillicothe

(660) 646-4071

A Wide Variety of Volunteer

Opportunities Available

Young At Heart Resources

809 North 13th St.

Albany, MO 64402

(660) 240-9400

(888) 844-5626

Volunteer Drivers, Silver-Haired

Legislature, Give 5 Program



MY IMPORTANT NUMBERS

MEDICAL

PRIMARY DOCTOR:

HOSPITAL:

PHARMACY:

DENTIST:

EYE DOCTOR:

FINANCIAL

BANK:

OTHER

OTHER: