

ANNUAL NOTICE

The Livingston County Health Center announces a contract continuance to provide WIC services for federal fiscal year 2026 has been signed with the Missouri Department of Health and Senior Services.

Women, Infants and Children (WIC) is a special supplemental nutrition program providing services to pregnant women, new mothers, infants and children up to their 5th birthday based on nutritional risk and income eligibility.

The primary services provided are healthy, supplemental food, risk assessment, nutrition education and counseling, breastfeeding promotion and support, health screening and referrals to health care. To be eligible for WIC, applicants must have an income equal to or less than 185% of the poverty level and be at nutritional risk.

WIC supplemental food packages are specially chosen to provide foods high in protein, iron, calcium and vitamins A and C. Eligible women and children receive fortified milk and cheese, eggs, whole grain bread products, hot or cold cereals, 100% fruit juices and fresh or frozen fruits and vegetables.

The WIC program recommends breastfeeding and provides breastfeeding support, baby foods and infant cereal. For women who cannot or choose not to breastfeed, infants may receive supplemental, iron-fortified formula. WIC participants obtain their foods using their WIC cards to purchase specific items at participating local grocery stores and pharmacies.

Studies confirm that pregnant women who enroll in WIC during the early months of pregnancy have fewer low birth weight babies, experience fewer infant deaths, see the doctor earlier in pregnancy and eat healthier.



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WIC is administered in Livingston County by the Livingston County Health Center. Persons interested in applying or needing more information should contact the Livingston County Health Center at 660-646-5506.

WIC clinics are offered at the following location(s):
800 Adam Drive, Chillicothe, MO – call for dates and times (660-646-5506)

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To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

- (1) mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Mail Stop 9410, Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; or
- (3) email: program.intake@usda.gov.

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