

Child Care Health Consultation. . .

In collaboration with the Missouri Department of Health, Livingston County Health Center offers consultation and training to area child care providers.

Health Center nurses provide consultations regarding child health and safety issues at licensed and license-exempt child care homes, group homes, and centers such as Head Start.

We also provide health promotion presentations for children in the facility.

Feel free to call us at 646-5506 to find out more about this program or to talk with one of our Child Care Health Consultants.



Child Care Health Consultants
Mary Taylor, RN
Anita Perry, RN
660-646-5506

Livingston County Health Center

800 Adam Drive P.O. Box 973
Chillicothe MO 64601

Phone: 660-646-5506

Fax: 660-646-4485

Email: taylom@lpha.dhss.mo.gov
perrya@lpha.dhss.mo.gov

2008-2009

Child Care Health Consultation



Inservice Schedule

Livingston County Health Center
800 Adam Drive
Chillicothe, MO 64601
660-646-5506

2008-2009

Child Care Inservice Schedule



The health center offers **six inservices a year**, all prepared by professionals who put a lot of work into their presentations.

Please make an effort to take advantage of these valuable **continuing education credit** courses.

Ready In Three Monday, November 24th 6:30-8:30 p.m.

Emergencies can strike at any time. A tornado, flood or even terrorist attack can change lives. Families, communities, and yes, day cares need to take steps today to prepare for emergencies. Preparing today can save lives! Learn how to develop a plan for your loved ones at this inservice.

Breathe Easy Monday, January 26th 6:30-8:30 p.m.

Chances are, you may have a child in your care who needs monitored for recurrent breathing difficulties like asthma & allergies. Learn how to identify when a child is in trouble, and steps to take to ensure his safety. Find out what can trigger attacks and how to prevent them.

Menu Magic Monday, March 23rd 6:30-8:30 p.m.

Serving nutritious foods can be a challenge with kids of all ages in your care. Find out how to fit healthy food into your menus and review how much food kids really need.

Exercise & Oral Health Monday, May 25th 6:30-8:30 p.m.

Nutrition isn't all that matters to keep kids healthy. Learn how exercise plays a vital role in overall well-being and health and can also be used to develop gross motor skills and as a weight-management tool.



All inservices presented by the health center are at no out of pocket cost to providers, parents or the general public.

Supporting Breastfeeding Moms Monday, July 27th 6:30-8:30 p.m.

The benefits to breastfeeding moms and their babies have long been established. Learn more about breastfeeding, and ways you can help moms going back to work keep providing the best nutrition for their infant.

Children with Special Needs Monday, September 28th 6:30-8:30 p.m.

Learn more about integrating children with various handicaps or health conditions into your daycare fold. This inservice will help you see how 'special' children just want to be as ordinary as every other kid.

All services of the Livingston County Health Center provided on a non-discriminatory basis.